

July 2010

SUNDAY

MONDAY

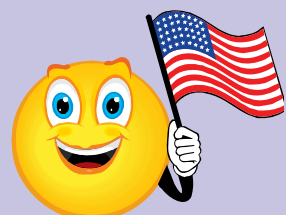
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Chateau Vestavia Independent Living Activity Calendar of Events



Congratulations - Bob and Clara Holmes celebrated their 68th wedding anniversary on June 21st!

<p>4 Independence Day * Day of Worship *</p> <p>11:00a Church Service w/ Steve Martin (AR) 1:00p Kings In The Corner (AR) 2:00p Helena Trinity Church Service (AL-AR) 2:00p Eye Glass Cleaning (Lobby) 6:00p B-I-N-G-O (Lobby)</p>	<p>5</p> <p>10:00a Exercise w/Don (AR) 1:00p Joker Club (3rd Fl) 2:00p Water Melon Social (AR) 3:30p Trivia & Treats (AR) 6:00p Liverpool Rummy (3rd Floor) 6:00p B-I-N-G-O (Lobby)</p>	<p>6</p> <p>10:00a Exercise w/Don (AR) 10:30a David Wallace Bible Study (AR) 12:30a Wal-Mart* 1:00p Kings In The Corner (AR) 1:30p Ice Cream Truck Out Front! 3:00p BINGO (AR) 6:00p Poker Club (3rd Floor) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>7</p> <p>9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 10:30a Catholic Communion (Chapel) 12:30p Banks & Post Office* 1:00p Joker Club (3rd Fl) 3:30p Residents Menu Meeting (AR) 6:00p Todd Derstine Performance!!! (AR)</p>	<p>1</p> <p>10:00a Exercise w/Don (AR) 10:30a Horizons B.P. Check (Lib) 12:30p Tippy's Cozy Corner- Open until 2:30 1:00p Kings In The Corner (AR) 3:00p BINGO (AR) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>2</p> <p>9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 12:30p Trip to Food World* 1:00p Joker Club (3rd Floor) 1:00p Classic Movie Matinee (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>	<p>3</p> <p>10:00a Exercise w/Don (AR) 1:00p Classic Comedy Matinee (AR) 2:00p Blue Ice Cream (AR) 3:00p Quarter Bingo (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>
<p>11 * Day of Worship *</p> <p>11:00a Church Service w/ Minnie Murrell (AR) 1:00p Kings In The Corner (AR) 2:00p Helena Trinity Church Service (AL-AR) 2:00p Eye Glass Cleaning (Lobby) 6:00p B-I-N-G-O (Lobby)</p>	<p>12</p> <p>9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 12:30a Dollar Tree* 1:00p Joker Club (3rd Fl) 2:30p Mickey's Piano Entertainment (AR) 3:30p July's Trivia & Treats (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>	<p>13</p> <p>10:00a Exercise w/Don (AR) 10:30a David Wallace Bible Study (AR) 12:30p Banks & Post Office* 1:00p Kings In The Corner (AR) 1:00p Nurse Finders B.P. Checks (Lib) 1:30p Ice Cream Truck Out Front! 3:00p BINGO (AR) 6:00p Liverpool Rummy (AR) 6:00p Poker Club (3rd Floor) 6:00p B-I-N-G-O (Lobby)</p>	<p>14</p> <p>9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 10:30a Catholic Communion (Chapel) 11:00a Lunch Out @ O.T's* 12:30p PATILLO Hearing Check (Lib) Free! 1:00p Joker Club (3rd Floor) 2:30p John O'Malley-Motivational Program (AR) 3:30p Deb's Health Talk (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>8</p> <p>10:00a Exercise w/Don (AR) 10:30a Horizons B. P. Checks (Lib) 12:30p Tippy's Cozy Corner - Open until 2:30 1:30p Employee's Meeting (AR) 3:00p BINGO (AR) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>9</p> <p>9:30a Pampered Hands & Nails (BS-3rd Fl) 9:45a Live Well ! Exercise (AL-AR) 10:00p Exercise w/Don (AR) 12:30p Piggly Wiggly* 1:00p Snow Cones (AL-Lob) 1:00p Joker Club (3rd Fl) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>10</p> <p>10:00a Exercise w/Don (AR) 1:00p Classic Comedy Matinee (AR) 2:00p Fresh Baked Cookies (AR) 3:00p Quarter Bingo (AR) 6:00p Liverpool Rummy (3rd Floor) 6:00p B-I-N-G-O (Lobby)</p>
<p>18 * Day of Worship *</p> <p>11:00a Church Service w/Steve Martin (AR) 1:00p Kings In The Corner (AR) 2:00p Helena Trinity Church Service (AL-AR) 2:00p Eye Glass Cleaning (Lob) 6:00p B-I-N-G-O (Lobby)</p>	<p>19</p> <p>9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 12:30p Wal-Mart Shopping* 1:00p Joker Club (3rd Fl) 3:30p July's Trivia & Treats (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>	<p>20</p> <p>10:00a Exercise w/Don (AR) 10:30p David Wallace Bible Study (AR) 12:30p Banks & Post Office* 1:00p Mobility Central (AL-Lob) 1:30p Ice Cream Truck Out Front! 3:00p BINGO (AR) 5:30p Greg Clark's Sing-A-Long (AR) 6:00p Poker Club (3rd Floor)</p>	<p>21</p> <p>9:30a St. Mark-Open Communion (AR) 10:00a Exercise w/Don (AR) 10:30a Catholic Communion (Chapel) 1:00p Joker Club (3rd Fl) 3:30p Residents Council Meeting (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>15</p> <p>9:00p Blue Bell's Ice Cream Tour* \$3.00 Chg. 10:00a Exercise w/Don (AR) 10:30p Amedisy's B.P. Checks (Lib) 12:30p Tippy's Cozy Corner- Open Until 2:30 1:00p Kings In The Corner (AR) 3:00p BINGO (AR) 6:00p U.A.B. Geriatric Fracture Program w/UAB (AR)</p>	<p>16</p> <p>9:30a Pampered Hands & Nails* (BS-3rd Fl) 9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 12:30p Publix* 1:00p Joker Club (3rd Fl) 2:30p Bruster's Ice Cream- Trip* 6:00p Fred Rushing Sings -Classic Songs (AR)</p>	<p>17</p> <p>10:00a Exercise w/Don (AR) 1:00p Classic Comedy Matinee (AR) 2:00p Surprise Treats! (AR) 3:00p Quarter Bingo (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>
<p>25 * Day of Worship *</p> <p>11:00a Church Service w/Dr. Louise Leigh (AR) 1:00p Kings In The Corner (AR) 2:00p Helena Trinity Church Service (AL-AR) 2:00p Eye Glass Cleaning (Lob) 6:00p B-I-N-G-O (Lobby)</p>	<p>26</p> <p>9:30a Shopping & Lunch @ Galleria* 9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 1:00p Joker Club (3rd Fl) 3:30p July's Trivia & Treats (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>	<p>27</p> <p>10:00a Exercise w/Don (AR) 10:30a David Wallace Bible Study (AR) 12:30p Banks & Post Office* 1:00p Kings In The Corner (AR) 1:00p Nurse Finders B.P. Checks (Lib) 1:30p Ice Cream Truck Out Front! 3:00p Bingo (AR) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>28</p> <p>9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 10:30a Catholic Communion (Chapel) 1:00p Joker Club (3rd Fl) 2:00p Coin Dealer Presentation (AL-AR) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>22</p> <p>10:00a Exercise w/Don (AR) 10:30a Life Care B. P. Checks (Lib) 12:30p Tippy's Cozy Corner - Open until 2:30 1:00p Kings In The Corner (AR) 3:00p Bingo (AR) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>23</p> <p>9:30a Pampered Hands & Nails* (BS-3rd Fl) 9:45a Live Well! Exercise (AL-AR) 12:30p Bruno's* 1:00p Snow Cones (AL-Lob) 2:00p Wayne Alexandria-Sax & Flute (AR) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby) 7:00p Dance The Night Away (AL-Lob)</p>	<p>24</p> <p>10:00a Exercise w/Don (AR) 1:00p Classic Comedy Matinee (AR) 2:00p Fresh Baked Cookies (AR) 3:00p Quarter Bingo (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>
<p>29</p> <p>10:00a Exercise w/Don (AR) 10:30a Amedisy's B.P. Checks (Lib) 12:30p Tippy's Cozy Corner - Open until 2:30 1:00p Kings In The Corner (AR) 3:00p Bingo (AR) 4:30p Celebrating July Birthdays! 6:00p B-I-N-G-O (Lobby) 7:00p Sharpes Perform! (AR)</p>	<p>30</p> <p>9:30a Pampered Hands & Nails* (BS-3rd Fl) 9:45a Live Well! Exercise (AL-AR) 10:00a Exercise w/Don (AR) 12:30p Food World* 1:00p Joker Club (3rd Fl) 6:00p Liverpool Rummy (AR) 6:00p B-I-N-G-O (Lobby)</p>	<p>31</p> <p>10:00a Exercise w/Don (AR) 1:00p Classic Comedy Matinee (AR) 2:00p Fresh Baked Cookies & Coke (AR) 3:00p Quarter Bingo (AR) 6:00p Liverpool Rummy (3rd Fl) 6:00p B-I-N-G-O (Lobby)</p>				

July 2010

SUNDAY

MONDAY

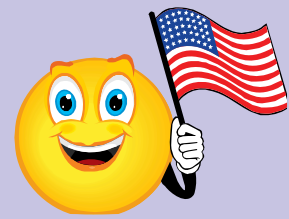
TUESDAY

WEDNESDAY

THURSDAY

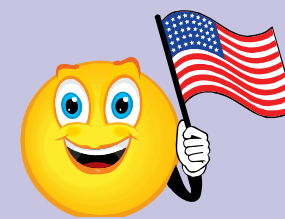
FRIDAY

SATURDAY



Chateau Vestavia

Assisted Living Activity Calendar of Events



<p>4 Independence Day</p> <p>10:30a Daily News & Coffee (LOB) 11:00a Church Service w/Steve Martin (IL AR) 2:00p Helena Trinity Church Service (AR) 3:00p Patriotic Sing-a-long w/ Martina! (LOB) 3:30p Domino Club (AR) 6:00p Evening Movie & Popcorn (AR)</p>	<p>5</p> <p>9:45a Video Exercise (AR) 11:00a Hangman (LOB) 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:00p Liverpool Rummy (CR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby! (LOB)</p>	<p>6</p> <p>9:45a Video Exercise (AR) 12:30p Shopping @ Walmart* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:30p Ice Cream Truck Out Front! 2:00p Bunco (AR) 4:00p Bingo Bucks! (AR) 6:00p Hangman (LOB)</p>	<p>7</p> <p>9:45a Live Well! Exercise (AR) 10:30a Guided Meditation (AR) 10:30a Catholic Communion (IL CH) 12:30p Trip to Banks & Post Office* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:00p Entertainment w/Wayne Alexander! (LOB) 3:30p Menu Meeting (IL AR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>1</p> <p>9:45a Video Exercise (AR) 11:00a Happy Hour! (LOB) 12:30p Tippy's Cozy Corner Opens 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:30p Trivia Brain Challenge! (LOB) 4:00p Bingo Bucks! (AR) 6:00p Hangman (LOB)</p>	<p>2</p> <p>9:45a Live Well! Exercise (AR) 11:00a Hangman (LOB) 12:30p Shopping @ Food World* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:00p Password! (LOB) 4:00p Bingo (AR) 5:00p JULY 4TH COOK-OUT & ENTERTAINMENT!</p>	<p>3</p> <p>10:00a Video Exercise (AR) 10:30a Daily News & Coffee (LOB) 1:30p Eye Glass Cleaning (LOB) 2:00p Penny Ante Game (LOB) 3:00p Kiings in the Corner (AR) 6:00p Crossword Puzzle (LOB)</p>
<p>11</p> <p>10:30a Daily News & Coffee (LOB) 11:00a Church Service w/Minnie Murrell (IL AR) 2:00p Helena Trinity Church Service (AR) 3:30p Domino Club (AR) 6:00p Evening Movie & Popcorn (AR)</p>	<p>12 DOO-WAH DAY!!</p> <p>9:30a Jay's Scenic Tour* 9:45a Live Well! Exercise (AR) 1:00p Shopping @ Dollar Tree* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:00p Liverpool Rummy (CR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby! (LOB)</p>	<p>13</p> <p>9:45a Video Exercise (AR) 12:30p Trip to Banks & Post Office* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:30p Ice Cream Truck Out Front! 1:30p Watercolors w/Patrice! (AR) 4:00p Bingo Auction! (AR) 6:00p Hangman (LOB)</p>	<p>14</p> <p>9:45a Live Well! Exercise (AR) 10:30a Guided Meditation (AR) 10:30a Catholic Communion (IL CH) 1:00p Hall Walking - All Floors 2:00p Tea, Lace & Crumpets! (AR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>8</p> <p>9:45a Video Exercise (AR) 11:00a Lunch Out @ Dale's Southern Grill* 12:30p Tippy's Cozy Corner Opens 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:30p Trivia Brain Challenge (LOB) 4:00p Bingo Bucks (AR) 6:00p Sing-a-Long w/Greg! (LOB)</p>	<p>9</p> <p>9:45a Live Well! Exercise (AR) 11:00a Hangman (LOB) 12:30p Shopping @ Piggly Wiggly* 1:00p Hall Walking - All Floors 1:00p Sno-Cones! (LOB) 1:00p Dominoes (AR) 2:00p Career Day- 'Custom Bows' w/Joey! (AR) 4:00p Bingo (AR) 5:00p Candlelight Dinner & Music! 6:00p Buzz Words (LOB)</p>	<p>10</p> <p>10:00a Video Exercise (AR) 10:30a Daily News & Coffee (LOB) 1:30p Eye Glass Cleaning (LOB) 2:00p Accordion w/Alla (LOB) 3:00p Kings in the Corner (AR) 6:00p Crossword Puzzle (LOB)</p>
<p>18</p> <p>10:30a Daily News & Coffee (LOB) 11:00a Church Service w/Steve Martin (IL AR) 2:00p Helena Trinity Church Service (AR) 3:30p Domino Club (AR) 6:00p Evening Movie & Popcorn (AR)</p>	<p>19</p> <p>9:45a Live Well! Exercise (AR) 11:00a Hangman! (LOB) 12:30p Shopping @ Walmart* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:00p Liverpool Rummy (CR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>20</p> <p>9:45a Video Exercise (AR) 12:30p Trip to Banks & Post Office* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:00p Mobility Central w/Chris (LOB) 1:30p Ice Cream Truck Out Front! 2:00p "Heads Up" Club! (AR) 4:00p Bingo Bucks (AR) 6:00p Hangman (LOB)</p>	<p>21</p> <p>9:30a St. Mark's Communion (IL AR) 9:45a Live Well! Exercise (AR) 10:30a Guided Meditation (AR) 10:30a Catholic Communion (IL CH) 1:00p Hall Walking - All Floors 2:00p MINUTE TO WIN IT! (LOB) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>15</p> <p>9:00a Blue Bell Factory Tour!*9:45a Video Exercise (AR) 12:30p Tippy's Cozy Corner Opens 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:30p Trivia Brain Challenge (LOB) 4:00p Bingo Bucks (AR) 6:00p Geriatric "Fracture Program" w/UAB (IL AR)</p>	<p>16</p> <p>9:45a Live Well! Exercise (AR) 11:00a Hangman (LOB) 12:30p Shopping @ Publix* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:30p Trip to Brewsters Ice Cream!*4:00p Bingo (AR) 5:00p Candlelight Dinner & Music! 6:00p Buzz Words (LOB)</p>	<p>17</p> <p>10:00a Video Exercise (AR) 10:30a Daily News & Coffee (LOB) 1:30p Eye Glass Cleaning (LOB) 2:00p Penny Ante Game (LOB) 3:00p Hand-in-Paw visits! (LOB) 3:00p Kings in the Corner (AR) 6:00p Crossword Puzzle (LOB)</p>
<p>25</p> <p>10:30a Daily News & Coffee (LOB) 11:00a Church Service w/Louise Leigh (IL AR) 2:00p Helena Trinity Church Service (AR) 3:30p Domino Club (AR) 6:00p Evening Movie & Popcorn (AR)</p>	<p>26</p> <p>9:30a Shopping & Lunch @ Galleria Mall* 9:45a Live Well! Exercise (AR) 11:00a Hangman! (LOB) 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:00p Book Club (CR) 1:00p Liverpool Rummy (CR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>27</p> <p>9:45a Video Exercise (AR) 12:30p Trip to Banks & Post Office* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:30p Ice Cream Truck Out Front! 2:00p Wii Bowling! (AR) 4:00p Bingo Bucks (AR) 6:00p Hangman (LOB)</p>	<p>28</p> <p>9:45a Live Well! Exercise (AR) 10:30a Guided Meditation (AR) 10:30a Catholic Communion (IL CH) 1:00p Hall Walking - All Floors 2:00p Talk by Ethan w/Southern Coin! (AR) 3:30p Resident Council Mtg (AR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>22</p> <p>9:45a Video Exercise (AR) 11:00a Happy Hour! (LOB) 12:30p Tippy's Cozy Corner Opens 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:30p Trivia Brain Challenge (LOB) 4:00p Bingo Bucks (AR) 6:00p Hangman (LOB)</p>	<p>23</p> <p>9:45a Live Well! Exercise (AR) 11:00a Hangman (LOB) 12:30p Shopping @ Bruno's* 1:00p Hall Walking - All Floors 1:00p Sno-Cones! (LOB) 1:00p Dominoes (AR) 2:00p Password (LOB) 4:00p Bingo (AR) 6:00p DANCE THE NIGHT AWAY! (LOB)</p>	<p>24</p> <p>10:00a Video Exercise (AR) 10:30a Daily News & Coffee (LOB) 1:30p Eye Glass Cleaning (LOB) 2:00p Penny Ante Game (LOB) 3:00p Kings in the Corner (AR) 6:00p Crossword Puzzle (LOB)</p>
<p>25</p> <p>10:30a Daily News & Coffee (LOB) 11:00a Church Service w/Louise Leigh (IL AR) 2:00p Helena Trinity Church Service (AR) 3:30p Domino Club (AR) 6:00p Evening Movie & Popcorn (AR)</p>	<p>26</p> <p>9:30a Shopping & Lunch @ Galleria Mall* 9:45a Live Well! Exercise (AR) 11:00a Hangman! (LOB) 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:00p Book Club (CR) 1:00p Liverpool Rummy (CR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>27</p> <p>9:45a Video Exercise (AR) 12:30p Trip to Banks & Post Office* 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 1:30p Ice Cream Truck Out Front! 2:00p Wii Bowling! (AR) 4:00p Bingo Bucks (AR) 6:00p Hangman (LOB)</p>	<p>28</p> <p>9:45a Live Well! Exercise (AR) 10:30a Guided Meditation (AR) 10:30a Catholic Communion (IL CH) 1:00p Hall Walking - All Floors 2:00p Talk by Ethan w/Southern Coin! (AR) 3:30p Resident Council Mtg (AR) 4:00p Bingo w/Justin! (AR) 6:00p Kentucky Derby (LOB)</p>	<p>29</p> <p>9:30a Shades Mtn. Bible School Students (LOB) 12:30p Tippy's Cozy Corner Opens 1:00p Hall Walking - All Floors 1:00p Dominoes (AR) 2:30p Trivia Brain Challenge (LOB) 4:00p Bingo Bucks (AR) 5:00p Birthday Dinner Celebration! 6:00p Celebration Music! (LOB)</p>	<p>30</p> <p>9:45a Live Well! Exercise (AR) 11:00a Hangman (LOB) 12:30p Shopping @ Food World* 1:00p Hall Walking - All Floors 2:00p Password (LOB) 4:00p Bingo (AR) 6:00p Buzz Words (LOB)</p>	<p>31</p> <p>10:00a Video Exercise (AR) 10:30a Daily News & Coffee (LOB) 1:30p Eye Glass Cleaning (LOB) 2:00p Penny Ante Game (LOB) 3:00p Kings in the Corner (AR) 6:00p Crossword Puzzle (LOB)</p>

